

CompleteNate Chewable Chewable Prenatal Multivitamin Tablet with Iron

Supplement Facts

Serving Size: 1 Tablet
Servings Per Container: 90

	Amount Per Serving	% DV for Pregnant and Lactating Women
Calories	5	
Total Carbohydrate	1 g	<1%†
Total Sugar	Less than 1 g	†
Vitamin A (as Beta-Carotene)	300 mcg RAE (1000 IU)	23%
Vitamin C (as Sodium Ascorbate and Ascorbic Acid)	120 mg	100%
Vitamin D (as Cholecalciferol)	10 mcg (400 IU)	67%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	5 mg* (11 IU)	26%
Thiamin (as Thiamine Mononitrate)	2 mg	143%
Riboflavin	3 mg	188%
Niacin (as Niacinamide)	20 mg NE	111%
Vitamin B ₆ (as Pyridoxine HCl)	10 mg	500%
Folate	1667 mcg DFE (1000 mcg Folic Acid)	278%
Vitamin B ₁₂ (as Cyanocobalamin)	12 mcg	429%
Iron (as Ferrous Fumarate)	29 mg	107%

*Equal to mg Alpha-Tocopherol

†Percent Daily Values (DV) are based on a 2,000 calorie diet

Other Ingredients: Sorbitol, Sucrose, Natural Orange Flavor, Orange Juice Powder, Magnesium Stearate, Stearic Acid, Gelatin, Stevia, Fumed Silica.

CompleteNate Chewable tablets are formulated to provide vitamin and mineral supplementation throughout pregnancy and during postnatal period, for both the lactating and non-lactating mother. It is also useful for improving nutritional status prior to conception.

CONTRAINDICATIONS

CompleteNate Chewable should not be used by patients with a known hypersensitivity to any of the listed ingredients. All iron compounds are contraindicated in patients with hemochromatosis, hemosiderosis, or hemolytic anemias.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately.

PRECAUTIONS

Folic acid alone is improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where vitamin B₁₂ is deficient. Folic acid in doses above 0.1 mg daily may obscure pernicious anemia, in that hematologic remission can occur while neurological manifestations remain progressive.

Pediatric Use: Safety and effectiveness in pediatric patients have not been established.

Geriatric Use: Safety and effectiveness in elderly patients have not been established.

DRUG INTERACTIONS

CompleteNate Chewable Tablets is not recommended for and should not be given to patients receiving levodopa because the action of levodopa is antagonized by pyridoxine. There is a possibility of increased bleeding due to pyridoxine interaction with anticoagulants (e.g., Aspirin, Heparin, Clopidogrel).

ADVERSE REACTIONS

Folic Acid: Allergic sensitizations have been reported following both oral and parenteral administration of folic acid.

Ferrous Fumarate: Gastrointestinal disturbances (anorexia, nausea, diarrhea, constipation) occur occasionally, but are usually mild and may subside with continuation of therapy and physician encouragement. Although the absorption of iron is best when taken between meals, occasional G.I. disturbances may be controlled by giving CompleteNate Chewable shortly after meals.

The patient's medical conditions and consumption of other drugs, herbs, and/or supplements should be considered.

OVERDOSAGE

Iron is toxic. When overdoses are ingested by children, severe reactions, including fatalities, have resulted. CompleteNate Chewable should be stored beyond the reach of children to protect against accidental iron poisoning.

DESCRIPTION

CompleteNate Chewable is an orange-flavored, round, speckled light brown tablet debossed with "TL014" on one side.

DIRECTIONS FOR USE

Take one tablet by mouth daily or as directed by a physician.

HOW SUPPLIED

CompleteNate Chewable is supplied in bottles of 90 tablets.

Product Code: 13811-014-90

STORAGE: Store at 20°-25°C (68°-77°F), relative humidity no higher than 65%; excursions permitted to 15°-30°C (59°-86°F) [See USP Controlled Room Temperature]. Protect from moisture and excessive heat. Note that contact with moisture may produce surface discoloration of the tablet. Dispense in a tight, light-resistant container with a child resistant closure as defined by the USP.

KEEP OUT OF REACH OF CHILDREN.

For use on the order of a healthcare practitioner.

Call your doctor about side effects. To report side effects, call Trigen Laboratories, LLC at 1-800-444-5164 or FDA at 1-800-FDA-1088.

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